

Welcome Home!

Dear Friends,

I would like to invite and encourage each of you to attend some or all of the events listed on your activity calendar. Between our daily routine activities, outings, and special events, I hope that you will find an abundance of ways to stay active and healthy~ mind, body, and spirit!
Bonnie Bakary, Activity Director



from food service

Featured Recipe (kindly shared by Tilly)

Butter Bits Cookies

1 c. flour ½ c butter or margarine
½ c sugar 1 tsp vanilla
Coconut to taste Pre-heat oven to 350'
Cream butter then add sugar and vanilla and cream until fluffy. Add flour and mix. Add as much coconut as you want. Shape into balls and flatten with a floured fork. Bake on an ungreased cookie sheet 15-18 minutes. Sprinkle with powdered sugar to serve.



Letter from the GM

Quest for Excellence

Allisonville Meadows Assisted Living is proud to announce Carrie Sams as our Quest for Excellence winner for 2015. Carrie is our Assistant Clinical Director and has been with us since July 2013. She has been a part of the team since we opened and has been such a fantastic nurse! Carrie has two boys, Rory who is 12 and Rylan who is 5 years old. She recently got engaged to Rich Miller. They live in Noblesville and she has been a nurse for 20 years. Carrie started her career as a Certified Nursing Assistant and then went on to nursing school. Carrie loves being a nurse because she enjoys taking care of people. Nursing is her passion and calling.

Congratulations!

Ann Jee Kirstein, General Manager



JUNE 2015

Sunday

Monday




Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June Birthdays Chuck Callahan 6/3 Bebe Clark 6/14 McClain 6/16 Fritz Matkze 6/19 Jane Ratliff 6/21	1 10:00 Weights with Linda F 10:30 Bible Study with Bob Tinsky F 1:00 Euchre/Pinochle L 1:00 Monday Matinee T 2:00 Meadowlarks Practice F 3:00 Courtyard Gardening CY	2 7:30 Catholic Mass 9:00 Bank/Walgreens 10:00 Leg & Balance F 10:30 Shopping: Wal-Mart L 1:30 Manicures & Music A 3:00 A	3 10:00 Weightlifters F 10:30 Wii Bowling F 1:00 Euchre A 1:00 Current Events with Ellie A 2:00 Bingo A 3:00 Food Focus Meeting A 6:00 Men's Movie Night T	4 10:00 Weights with Linda F 10:30 Group Crossword F 11:00 Lunch @ On the Border 1:30 Shopping@ Castleton Square Mall 2:00 Bridge A 2:30	5 10:00 Core Strength F 10:00 June Trivia F 1:00 Euchre/Billiards A 2:00 Bingo A 3:00 June Birthday & New Resident Social with Steve Quimm A 6:00 Friday Night Flick A	6 10:00 Donuts & Discussion C 10:30 New Beginnings Bible Study with Karen L 1:00 Wellness Center NS 2:00 Bingo with Al A 3:00 Tea Time & Delights C 6:30 Saturday Cinema T
7 9:15 United Methodist Church Service T 10:20 Communion with Colette 11:00 United Methodist Communion Service L 2:00 Ice Cream Social C 6:00 Sunday Night Cinema T	8 10:00 Weights with Linda F 10:30 Bible Study with Bob Tinsky F 1:00 Euchre/Scrabble A 1:00 Monday Matinee T 2:00 Meadowlarks Practice F 3:00 Courtyard Gardening CY	9 7:30 Catholic Mass 9:00 Bank/CVS 10:00 Leg & Balance F 10:30 Shopping: Meijer 2:00 Creative Escape A Pottery	10 10:00 Weightlifters F 10:30 Wii Bowling F 1:00 Euchre /Scrabble A 1:00 Current Events with Ellie A 2:00 Bingo A 3:00 Greg Anderson Sings A 4:00 Resident's Choice Dinner DR	11 10:00 Weights with Linda F 10:30 Group Crossword F 11:00 Lunch @ IHOP 1:30 Shopping@ Kroger 2:00 Bridge A 2:30 Cooking Group A	12 10:00 Core Strength F 10:30 Father's Day Brunch 1:00 Euchre/Billiards A 2:00 Bingo A 6:00 Family Game Night A	13 10:00 Donuts & Discussion C 1:00 Wellness Center NS 2:00 Bingo with Colette A 3:00 Tea Time & Delights C 6:30 Saturday Cinema T
14 Flag Day 9:15 United Methodist Church Service T 10:20 Communion with Colette 11:00 Trinity Church Service F 2:00 Ice Cream Social C 6:00 Sunday Cinema T	15 10:00 Weights with Linda F 10:30 Bible Study with Bob Tinsky F 1:00 Monday Matinee T 1:00 Euchre/Pinochle L 2:00 Meadowlarks Practice F 3:00 Steve Quinn Sings A	16 7:30 Catholic Mass 9:00 Bank/Walgreens 10:00 Leg & Balance F 10:30 Manicures & Music A 11:00 ROMEO's @ Perkins 1:30 Shopping: Wal-Mart	17 10:00 Weightlifters F 10:30 Wii Bowling F 1:00 Euchre / Pinochle A 1:00 Current Events with Ellie A 2:00 Bingo A 6:00 Men's Movie Night T	18 10:00 Weights with Linda F 10:30 Group Crossword F 12:30 Out & About: Connor Prairie 2:00 Bridge A 3:00 Cooking Demo with Rebecca A	19 10:00 Core Strength A 10:30 Catholic Mass F 1:00 Euchre/Billiards A 2:00 Bingo A 3:00 Don White performs A 6:00 Friday Night Flick T	20 10:00 Donuts & Discussion C 1:00 Wellness Center NS 2:00 Bingo with Al A 3:00 Tea Time & Delights C 6:30 Saturday Cinema T
21 Father's Day/First Day of Summer 9:15 United Methodist Church Service T 10:20 Communion with Colette 2:00 Ice Cream Social C 6:00 Sunday Cinema T	22 10:00 Weights with Linda F 10:30 Bible Study with Bob Tinsky F 1:00 Euchre/Scrabble A 2:00 Wedding Day Memories & Reception A 6:00 Movie: Runaway Bride T	23 7:30 Catholic Mass 9:00 Bank/CVS 10:00 Leg & Balance F 10:30 June Jeopardy F 1:30 Shopping@ Meijer	24 10:00 Weightlifters F 10:30 Wii Bowling F 1:00 Euchre/ Scrabble A 1:00 Current Events with Ellie A 2:00 Bingo A 3:00 Greg Anderson Sings A 6:00 Men's Movie Night T	25 10:00 Weights with Linda F 10:30 Group Crossword F 11:00 Lunch @ Marco's 1:30 Shopping @ Dollar Tree 2:00 Bridge A 2:30 Crafter's Corner A	26 10:00 Core Strength F 10:30 This & That Trivia F 1:00 Euchre/Billiards A 2:00 Bingo A 3:00 Tom Wright Sings A 6:00 Friday Night Flick T	27 10:00 Donuts & Discussion C 1:00 Wellness Center NS 2:00 Bingo with Colette A 3:00 Tea Time & Delights C 6:30 Saturday Cinema T
28 9:15 United Methodist Church Service T 10:20 Communion with Colette 11:00 Trinity Church Service F 2:00 Ice Cream Social C 6:00 Sunday Cinema T	29 10:00 Weights with Linda F 10:30 Bible Study with Bob Tinsky F 1:00 Euchre/Pinochle A 1:00 Monday Matinee T 2:30 Resident Council A 3:30 Courtyard Gardening CY	30 7:30 Catholic Mass 9:00 Bank 10:00 Leg & Balance F 10:30 Manicures & Music A 12:00 Red Hat Society's Eat-In Luncheon A 2:00 Out & About: Handel's Homemade Ice Cream				Calendar Key F=Fitness Center A=Activity Room T=Theatre C=Café DR=Dining Room CY=Courtyard

TRANSPORTATION GUIDELINES

EFFECTIVE SEPTEMBER 1ST 2014

Transportation within a fifteen-mile radius of the community will be provided free of charge at regular scheduled times. Please contact the Activity Director with any questions.

THESE GUIDELINES HAVE BEEN ESTABLISHED REGARDING TRANSPORTATION TO DOCTOR APPOINTMENTS:

- 1. Appointments should be made at least one (1) week in advance when possible. Please sign up for appointments with the nursing department.**
- 2. If it is necessary to cancel your appointment please let nursing personnel know as soon as possible and have your name taken off the schedule.**
- 3. Appointments *should not* be scheduled after 3:00 p.m. Schedule transportation days (Monday and Wednesday) are designated at each community.**
- 4. The driver is not responsible to stay with residents at their appointments. If the resident needs assistance, they will need to make arrangements with a family member or companion to accompany them.**
- 5. The community *is not responsible* for bills incurred by ambulance services or other modes of transportation used to transport a resident to an appointment or hospital visit.**

***All residents residing in our memory care are required to have a family member or responsible party with them when going to an appointment. Please make arrangements to meet the bus at the appointment.**

*****Guidelines are subject to change.***

Out & About

Bank	Tuesday @ 9:00
Wal-Mart	June 2 nd @10:30 June 16 th @1:30
Meijer	June 9 th @10:30 June 23 rd @1:30
Pharmacy	CVS June 9 th & 23 rd @ 9:00 Walgreens June 2 nd & 16 th @ 9:00
On the Border Castleton Square Mall	June 4 th @ 11:00 June 4 th @ 1:30
IHOP Kroger	June 11 th @11:00 June 11 th @1:30
ROMEO's @ Perkins	June 16 th @11:00
Connor Prairie	June 18 th @12:30
Marco's Dollar Tree	June 25 th @11:00 June 25 th @1:30
Handel's Homemade Ice Cream	June 30 th @2:00



ASSISTED LIVING APARTMENTS,
MEMORY CARE ASSISTED LIVING

10410 Allisonville Rd.
Fishers, IN 46038

317-436-6400

www.ASCSeniorCare.com



At Your Service

General Manager	Ann Jee Kirstein
Clinical Director	Lesa Cooley
Director of Leasing	Cathy Bertling
Office Manager	Janel Jordan
Food Service Manager	Rebecca Holt
Activity Director	Bonnie Bakary
Maintenance Supervisor	Mike Young
Memory Care Facilitator	Katrina DeGraff

from the clinical director

Residents,

We are requesting that all residents who receive our laundry service to have the following;

1. A light colored laundry BASKET that is labeled with your name and room number. We are unable to accept laundry that is not in a basket.
2. All laundry supplies-detergent etc...must also be labeled with your name and room number.
3. We are now requiring that ALL items that we are responsible for laundering must be labeled with your first initial and last name. Please use the "Sharpie" brand laundry marker as it is a water proof marker. If you require assistance with labeling your items please inform the nursing staff.

Thank you,
Lesa Cooley, Clinical Director