

Barbara McKinney's Journey Through Rehabilitation



Barbara in the Captain's seat of an Embraer 175 Commercial Jet.

Barbara McKinney came to Swiss Villa Nursing & Rehabilitation in March following a stroke. She needed special care from all staff members. "When I arrived at Swiss Villa, I had not been out of bed since my stroke," she said. "My strength was limited. I can now stand and pivot. I now have mental clarity. I was able to return home. The therapy team was inspirational! They taught me to develop a strategy, follow the strategy and to not deviate from the strategy."

Barbara regained her strength and function with the help of great nursing care, good nutrition and spiritual activities. "The dietary staff did an excellent job. The food was wonderful, especially the desserts. The nursing staff took very good care of me. I knew all the staff by name. I enjoyed the hymn sing on Tuesday mornings."

Although her Road to Recovery was long and had setbacks, through determination, perseverance, great family support and quality care, Barbara McKinney successfully returned home in July. "Since going home I miss my friends I made while at Swiss Villa. I Would highly recommend Swiss Villa to anyone that needs rehabilitation."

Thank you, Barbara McKinney and family, for choosing Swiss Villa to help with your recovery.