



What You Don't Know About Alzheimer's

A flash mob made their way to Monument Circle on Tuesday to help educate and raise awareness and funds for Alzheimer's.

by: [Madyson McGill](#) | Jun. 05, 2019

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INDIANAPOLIS -- Around 100 people put on their dancing shoes and made their way to Monument

Circle to raise awareness and funds for the Alzheimer's Association.

American Senior Communities partnered with them and cheerleaders from both Crispus Attucks High School and the Colts to put on a flash mob to raise funds that will go towards care, support and research.

"We just think society has a tremendous opportunity to help in playing a role in finding a cure," said David Stordy, COO of American Senior Communities, "and providing social and medical support services for the people and their families who are experiencing life with Alzheimer's and memory care support needs."

Melanie Perry, Director of Memory Care Support Services at ASC, said that the number of people living with Alzheimer's and related forms of dementia are growing, which means it will become more abundant in our community. So, it's important to give caregivers support.

Lexi Harrigan and her niece Hannah Mahmoud participated in the flashmob. Harrigan said two of her grandmothers and Mahmoud's great grandparents were affected by Alzheimer's and dementia.

Mahmoud said they know what it takes to be caregivers, which is why they came to support them. She said if you are a caregiver you can't be afraid.

"Don't be afraid to be irritated, don't be afraid to be sad, don't be afraid to feeling like you want to give up. A lot of it does fall on the caregiver to do everything, and it's very stressful."

But, she says that coming to ASC or letting ASC come and help you can give you that peace that allows you to go home at night.

"Deep breaths, don't be afraid to ask for help," Harrigan said.

(Photo by Madyson McGill.)