

# Experts In Senior Care



American Senior  
Communities®





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# Caring People Make the Difference

Caring people make the difference at American Senior Communities (ASC). You can feel it the minute you walk into our communities and meet our team members. As experts in senior care, we are not just doing a job, but following a calling. We are here to help you and your family find answers, solutions and peace of mind. In fact, we strive to become an extension of your family.

Proudly serving our customers since the year 2000 with a long history of excellent outcomes, ASC is Indiana owned and operated. We take great pride in our heritage, incorporating Hoosier hospitality in all that we do. Our leaders know their communities well and foster positive relationships. Like a good neighbor, we share your priorities and are here for you when you need us.

American Senior Communities has created an Integrated Care Network with a full range of lifestyle and care options, and we are always looking to the future, seeking new and innovative ways to serve our customers. Never satisfied with “how it’s always been done,” ASC continues to evolve to better serve our residents, their loved ones, and our healthcare partners.

## CARE Companions

Compassion, Accountability, Relationships and Excellence (CARE) are the core values for American Senior Communities. Our CARE Companions program is based on our unwavering commitment to developing relationships with those whom we serve, and our CARE Companions strive to create connections that make our residents feel valued, cared for, known and loved.

## Person-Centered Care

You have a unique life story that is important to us. Even though we rely on protocols and best practices, our care is highly personalized founded on what is widely referred to as “person-centered care.” We draw upon your specific experiences, interests and strengths to customize a care plan that ensures the best possible outcomes through incorporating best practices in ways that are innovative, proactive, inclusive and individualized. Through a shared journey of discovery, we help you create new chapters of achievement and success each day.

## Interdisciplinary Team

We believe the team approach is the best approach! Your interdisciplinary care team will include a diverse group of skilled professionals who work collaboratively to develop a comprehensive treatment plan tailored to your individual needs and goals. This team may include physicians, nurse practitioners, nurses, aides, physical, occupational and speech therapists, nutritionists, social workers as well as life enrichment and activity professionals.



## Long-Term Care

Long-Term Care is an ideal option for those who struggle with daily tasks and can no longer be cared for at home due to illness, injury, frailty or other limitations. Under the guidance of an attending physician, Long-Term Care is provided in our communities by licensed nurses, specially trained healthcare aides and a full interdisciplinary care team.

Long-Term Care includes a variety of services, including social services and activities as well as physical, occupational and speech therapies to assist our residents in maintaining the highest level of independence possible. Our settings are home-like, cheerful, soothing and secure to ensure the highest quality of life for our residents.

## Respite

Respite Care offers invaluable benefits to both residents and their families. It provides temporary relief for caretakers, allowing them time for self-care, rest and attending to other responsibilities, knowing that their loved ones are receiving professional and compassionate care. For guests, Respite Care introduces a variety of social interactions while having access to specialized services and support. Many find respite stays to be the perfect option for recovery from surgery or hospitalization. It can enhance emotional well-being, foster new connections and contribute to a more fulfilling and engaging lifestyle within a healthcare environment. Family members leave with the confidence that their loved one is safe and in good hands.

Should a short stay require extended care, we can accommodate that, too. We carefully examine the needs of our respite guests and provide the level of care required to make their stay comfortable and enjoyable.

## Hospice

Hospice Care is designed to provide comfort, care and pain relief to those facing terminal illness. ASC partners with hospice care companies in offering comprehensive services including: skilled nursing care, respite care, spiritual and bereavement counseling, medical equipment and supplies, social services, pharmacy services and more. By assembling an interdisciplinary team of physicians, nurses, aides, volunteers, social workers and clergy, we strive to be a compassionate source of support for our hospice residents and their families.





## Discover New Friends

During your stay, try something new by taking advantage of a full program of life enrichment, including social, physical and spiritual activities. Designed by skilled activity professionals with your interests in mind, these opportunities can create lasting friendships.

### Payment Options

Along with private pay, ASC accepts a wide variety of payment options including Medicare, Insurance and Medicaid for qualified applicants. Our Medicaid specialists can assist you and your family through the application process.



# Our Promise To You

Service is our number one priority. Our aim is always to improve the quality of life, not only for our residents, but their loved ones as well. We know open communication is the key in any successful relationship. We regularly solicit feedback. And if ever something is amiss, we believe in making things right and we work to correct it immediately.

## American Senior Communities offers a full range of lifestyle & care options:

- Garden Homes
- Independent Living Apartments
- Assisted Living Apartments
- Memory Care
- Respite, Short-Term Care
- Short-Term Rehabilitation
- Outpatient Therapy
- Advanced Pulmonary & Ventilator Care
- Skilled Nursing Care
- Long-Term Care
- Hospice Care
- New Energy Wellness

*Services vary by location.  
Please visit [ASCCare.com](https://www.asccare.com) or scan QR code  
below to find a community near you.*



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